



ANNA Athletic Department

Athletic Director: Michael L. Muehlfeld * mmuehlfeld@annaschools.org

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Anna Local Schools * #1 McRill Way * POB 169 * Anna OH 45302

ANNA HIGH SCHOOL HOME TRACK MEET INFORMATION

1. ENTRIES must be submitted using the online entry system at www.baumspage.com. Entries are due the night before the meet is scheduled to be contested. Entry window closes at 9:00 PM. **Please enter a time and effort for every athlete**, even if you do not have one for them. This will allow us to make sure your best athletes will be in the fastest heats; otherwise they will be randomly placed in a heat. Any problems call Dean Stewart at 937-564-3825 or email at dstewart@annaschools.org
2. No larger than 1/8" cone shaped spikes are allowed. Needle spikes are not allowed.
3. Starting blocks will be provided.
4. Chalk and cut tennis balls will be used for marking checkpoints. No tape!
5. Parking for school buses will be beside the football field, off North Second Street. Spectators can park in the parking lots located around the high school south of the football / track complex. Please try to inform parents and others from your school who may be attending of the parking arrangements. They will not be able to park in the lots around the football / track complex.

There will be an admission fee of \$3.00 for adults and \$1.00 for students at all Anna High School and Junior High home meets.

8. Questions: Contact Mike Muehlfeld, Athletic Director, Anna High School, (937) 394-2011

FIELD EVENTS - 4:30 PM

- Shot Put: Order of competition: girls, boys. Each competitor will get four throws.
Discus: Order of competition: boys, girls. Each competitor will get four throws.
Long Jump: Order of competition: boys, girls. Each competitor will get four jumps.
High Jump: Order of competition: girls, boys. Starting height will be determined the day of meet.
Pole Vault: Order of competition: boys, girls. Starting height will be determined the day of meet.

We will run the 4x800 girls and boys relays and the girls and boys 3200 meter run together.

RUNNING EVENTS - 4:45 PM (with the 4x800 relay)

Make sure your athletes check out from any field events they are in before they go to participate in a running event. The athlete should return to the field event as soon as possible following the completion of their running event.

If you have any questions, you can e-mail me at: dstewart@annaschools.org.



Ohio High School Athletic Association
4080 Roselea Place
Columbus, Ohio 43214
(p) 614.267.2502
(f) 614.267.1677
Web Site: www.ohsaa.org

SAMPLE POLE VAULT CERTIFICATION FORM

Directions: Please complete all blanks and sign. This form shall be handed to the head pole vault official when the vaulter(s) report. Presenting an improperly completed form or if no form is presented will result in the vaulter(s) being excluded from competition. PLEASE PRINT. Include first and last name.

SCHOOL _____ DATE: _____

COMPETITOR	NUMBER	VAULTER'S WEIGHT	POLE RATING(S)

COACH'S SIGNATURE



OHIO HIGH SCHOOL ATHLETIC ASSOCIATION
4080 Roselea Place, Columbus, Ohio 43214
(p) 614.267.2502
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OHSA TRACK AND FIELD COACH'S VERIFICATION OF SPORTING CONDUCT/LEGAL EQUIPMENT AND UNIFORMS FOR USE IN REGULAR SEASON COMPETITION

SCHOOL NAME _____

DIVISION _____ BOYS _____ GIRLS _____

HEAD COACH'S NAME _____

OHSA standards require contest officials to enforce all NFHS rules relating to sporting conduct, ethical behavior and legal uniforms and equipment. Acts that intend to demean opposing competitors, team members, spectators and officials are not in keeping with the ideals of interscholastic athletics and will not be tolerated. Let this competition reflect mutual respect!

NFHS track and field and cross-country rules require the referee to meet with the head coach and captains to explain the expectations of good sporting conduct throughout this competition. In addition, the head coach is responsible for verifying to the referee/starter that all competitors are properly equipped (legal uniforms, legal equipment and no jewelry) in compliance with NFHS rules.

In all OHSA tournament competition and in any multi-team or invitational competition that would make it difficult for the referee to meet personally with all coaches and captains, all coaches shall agree to the following:

Coach's Verification

I certify to the tournament referee that all contestants under my supervision are legally equipped, attired in legal uniforms and free of all jewelry in accordance with NFHS rules. I further certify that all student-athletes and other team personnel have been advised of their responsibilities relative to good sporting conduct during this competition. In addition, I understand and accept responsibility for adhering to the OHSA participation limitation of four events per individual athlete per tournament contest.

Coach's Signature _____ Date: _____

Please return this form to area designated by the meet officials or games committee.